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PRESIDENT'S NOTE

by Cathy Hawkins

Am I writing the final newsletter article for 2023? It's already feeling like fall here. I want to thank those that have registered for our conference, November 13-15. If you have not registered, we still have room and if you hurry, we can add you! All the information is included in this newsletter. Please remember to send in your breakout session choices, so our leaders will know how many to prepare for.

Our team has worked very diligently this year and we have some great leaders coming! Lori Jarvis will be our keynote speaker and you will love her, I promise. She has led many ladies' groups with her own way of sharing God's Word. She will have you laughing, crying, and praising God all at the same time. You don't want to miss her. All of our breakout leaders are great, too. Some have been with us before and a few new ones are joining us this time, all of them love the Lord and are working for Him in their own special callings.



Our theme of "Relax, Refresh, Renew" and our scripture from Romans 12:2, will be carried out throughout our conference. As I think about this theme and scripture, I think of rest. This is probably something we all get too little of, so maybe we can learn how to rest even in busy times. We want all of you to feel relaxed, refreshed and renewed, physically and spiritually as you leave. I have thought of an acronym for REST that I would like to share for you to think about. Resting Emotionally and Spiritually Together! This is what our conference means each year to me. I pray that you all leave feeling the same!

Register, send in your breakouts, find out all kinds of things planned by reading this newsletter! But most of all pray for your Executive team- that we seek God's Will always and pray for each other!

We are praying for safe travels for each of you. See you in November!

Love, Cathy Hawkins





Night of Worship

Monday, November 13 | 8 PM

Ashley Rousselle will lead us in a night of worship to prepare our hearts to Relax, Refresh, and Renew.

Talents & Testimonies

God has gifted us all in different ways. Join us in Hollifield Hall on Tuesday Evening at 7 pm as we celebrate those gifts through Talents & Testimonies. We need your help to make this possible. Has God gifted you with the talent of singing or playing an instrument? Perhaps He has gifted you with the gift of speaking. All who have been redeemed by the blood of Jesus have the gift of eternal life. What a testimony! Whatever your gift is, you are invited to share it for His glory! Be sure to let Rachel know if you would like to participate: rachel.sanders@bbcjaxnc.com.



Coffee Bar

The coffee bar at Caraway Conference Center is open daily from 9 am-5 pm. To purchase a cup of coffee, go to the Front Desk. Specialty coffees (lattes, etc.) are \$4 each. As always, there is FREE coffee, tea, and hot chocolate downstairs outside the dining room.



First Timers

First Timers meeting will be at 2:00 pm located in Conference Room 1. Teresa Almond will be leading this meeting. We look forward to seeing all of you in November!

Water

If you would like to donate a case of water for the conference, contact Cathy at cathy-hawkins@att.net

Be a Mentor!

THANK YOU to all those who have volunteered to be Mentors this year! We still need volunteers to step forward to help with this. If you are interested, email Angie at gbcmorganon@gmail.com. You will be contacted within the next couple of weeks (if you haven't already) with information about your First Timer. Again...Thank you!

Mentor Guidelines

- Call your First Timer before the conference to introduce yourself and give encouragement.
- Exchange cell phone numbers, as well as email addresses.
- Let your mentee know the officers will give her a map and other important information at check-in.
- Plan and invite her to meet you at the First Timer's class before it starts to get acquainted.
- Answer any questions she may have before, during and after the conference. If you don't know the answer, find out and get back to her.
- During the conference, be sure to check in with her to make sure all is well.
- Introduce her to others.



2023 RAFFLE

This year, we will be offering a week at the beach, a handcrafted piece of pottery by Matthew Kelly, a hand-pieced quilt by Mary Bentley, and a spa gift basket.

Drawing will be held on Tuesday Night during the banquet. Must be present to win. Last year we raised \$1,055. 100% raised goes to help the NCBMA with ministry and conference expenses.



Mission Offering

This year's mission offering will be collected during our General Sessions and will be sent to Samaritan's Purse. We are choosing to designate our total offering to be used for postage so that the boxes filled and sent to Operation Christmas Child can be delivered to children around the world. Betty Stevens, a director at Samaritan's Purse, will be with us during our General Session on Monday to present information about this need. Most of us are familiar with this Christian organization and we look forward to her sharing information that we may not know. **Remember to bring cash or a check for this offering.** We do not have a way of accepting credit or debit cards. The total amount collected will be shared at our business meeting on Wednesday morning. Our Secretary/Treasurer will send a check directly to Samaritan's Purse. Pray and give as God leads you in this worthy mission offering.



Photo courtesy of Samaritan's Purse

Remember to Bring Cash or Checks

If you would like to purchase raffle tickets or donate to Samaritan's Purse, you will need to bring cash or checks. We do not have a way of accepting credit or debit cards.



Door Prizes

Everyone loves winning a prize! All those who attend our conference will be entered into our door prize drawings! We have these drawings at the very beginning of each general session, and you must be present to win! So, make sure you're on time and there when your name is called! Each person attending is asked to bring a prize for the drawings. Thank you!

Registration

THANK YOU to everyone who registered for the Conference. We are sorry if you can't be with us this year, but please remember to send in your dues of \$30.00, this helps with any administrative expenses and keeps your membership current! We are looking forward to seeing all of you in November! Blessings!

Tuesday Banquet

Join us Tuesday Evening at 6pm in the Dining Hall for our Annual Banquet. It will be a great time of fellowship with one another and a great meal! We are asking everyone to come in "dressy casual" attire, but it is not required. After our meal we will head over to Hollifield Hall for our New Officer Installation followed by our Entertainment (Talents & Testimonies).

THANK YOU!

A special thank you to the Nominating Committee, who has been working hard to find people to fill available positions in the Executive Committee. Please pray for this committee and for those whom God has called to serve.

Breakout Sessions

Name _____

Please print this page, circle your choices, and email it to Angie at gbcmorganon@gmail.com.

First Timers Orientation: Monday at 2:00 p.m. Led by Teresa Almond				
BREAKOUT 1 Monday: 4:30-5:20 pm	BREAKOUT 2 Monday: 6:45-7:35 pm	BREAKOUT 3 Tuesday: 10-10:50 am	BREAKOUT 4 Tuesday: 11-11:50 am	BREAKOUT 5 Tuesday: 1-1:50 p.m.
SPIRITUAL ENRICHMENT				
Phyllis Foy <i>Detours on the Journey</i>	Phyllis Foy <i>Detours on the Journey</i>	Susan Marshall <i>Biblical Secrets for Refreshing your Marriage</i>	Susan Marshall <i>Biblical Secrets for Refreshing your Marriage</i>	Bob Foy <i>Renew God's Basics for His Children</i>
Karen Scoggins <i>Relax</i>	Bob Foy <i>Called, Gifted & Sent</i>	Mack Jarvis <i>Living in the Goodness of God</i>	Karen Scoggins <i>Refresh & Renew</i>	Mack Jarvis <i>Living in the Goodness of God</i>
PROFESSIONAL DEVELOPMENT				
Lai Salmonson <i>Using Artificial Intelligence in Canva to Create and Edit Images</i>	Whitney Goulding <i>Communication Best Practices for Churches</i>	Lai Salmonson <i>Using Artificial Intelligence in Canva to Create and Edit Images</i>	Whitney Goulding & Liz Tablazon <i>Communication Best Practices for Churches</i>	Whitney Goulding & Liz Tablazon <i>Facebook Communications</i>
Davis Blount <i>Key Retirement Tax Laws and Concepts</i>	Davis Blount <i>Social Security and Medicare</i>	Davis Blount <i>Basic Estate Planning</i>	Davis Blount <i>GuideStone - The Church Retirement Plan (403(b) (9) Plan)</i>	Davis Blount <i>2023 General Q & A and Update</i>
PERSONAL EFFECTIVENESS				
Renea Henderson <i>Cheer Up!</i>	Teresa, Brenda, Angela, & Darlene <i>Girl Talk</i>	Renea Henderson <i>Cheer Up!</i>	Bob and Phyllis Foy <i>Making Disciples While Having Fun with Children & Grandchildren</i>	Teresa, Brenda, Angela, & Darlene <i>Girl Talk</i>
Kim Setzer <i>The Personal Trinity & Building the 3 R's into My Daily Routine</i>	Kim Setzer <i>Is it my job, my calling, or BOTH?</i>	Becky Hansley <i>Squeaky Clean*</i>	Becky Hansley <i>The Origin of True Beauty*</i>	Becky Hansley <i>Wash Away those Troubles*</i>
BONUS TIME: TUESDAY 2:00 PM				
Crystal Dula <i>Relax & Stretch*</i>	Davis Blount <i>One on One Consult</i>	Teresa Almond <i>Store</i>	Shop & Explore on your own	
<p>*Preregistration is required for these classes. Class is limited to 16 participants. In "Wash Away Your Troubles," you will learn how make a salt scrub. In "Squeaky Clean," you will learn to make your own laundry detergent.</p>				

Breakout Class Descriptions

SPIRITUAL ENRICHMENT

Bob Foy

Called, Gifted, and Sent

When God issues a call, we can be sure He will Gift us with the tools we need to accomplish that Call.

Renew God's Basics for His Children

God Gave us 10 important basics for our lives and the lives of our children.

Phyllis Foy

Detours on the Journey

Has your life been caught off guard by a sudden detour? Let's see what the Bible says to do.

Susan Marshall

Biblical Secrets for Refreshing your Marriage

If you are married, being a godly wife is part of your calling from the Lord. But at times, it's hard to know how to do this. Join us as we explore God's Word and uncover biblical "secrets" to help us live out our calling as godly wives. With the Lord's help, we can honor Him by becoming the wives He wants us to be.

Mack Jarvis

Living in the Goodness of God

We love to sing of God's goodness and tell the stories of how good He has been to us. But few grasp the depth and full implications of this amazing, "sum-total" attribute of God. When we understand and then respond to it, it's a game-changer for our attitudes, difficult times, stepping out in faith. Join Mack for this exploration of God's goodness and a plan to daily live in it – even in the workplace.

Karen Scoggins

Relax

Join us as we see what God's Word says about how to be relaxed in the Lord and discuss the "Robbers of Relaxing" and do some CPR on our hearts.

Refresh and Renew

Have you thought about: Who refreshes you? To whom you need to need to be a refreshment, and how we can be refreshed ourselves? Join us as we discuss these topics and see what the Bible says about renewal and how you can be renewed in the Lord.

PROFESSIONAL DEVELOPMENT

Davis Blount

Key Retirement Tax Laws and Concepts

It is never too soon, or too late, to start thinking about retirement! This session will review in general key tax laws and strategies that will have an impact on all of us.

Social Security and Medicare

In this session basic Social Security and Medicare laws will be reviewed, and we will take a look at general strategies to consider as you prepare for retirement.

GuideStone – The Church Retirement Plan (403(b)(9) Plan)

Every employee of an affiliated SBC church has access to the Church Retirement Plan. This session will review how to determine if you and your church are in compliance.

2023 General Q & A and Update

The time together will be spent answering attendees' general tax and accounting questions. Also we will review and discuss the impact any 2023 tax and accounting may have on our churches and their staff.

Basic Estate Planning

This seminar will review the reasons you should have an estate plan and some of the key documents you should consider as part of your estate planning.

Whitney Goulding & Liz Tablazon

Digital Communications

This session will focus on using mass email and social media as trackable delivery methods. Focusing on basic and practical principles of layout, we will explore why and how good graphic design can elevate your message in these digital spaces.

Facebook Communications

This session will discuss effective practices for Facebook. Learn practical tips for scheduling content, managing groups and pages, understanding analytics and more.

Lai Salmonson

Using Artificial Intelligence in Canva to Create and Edit Images

Learn how to create images in Canva using their AI Apps, edit existing images to remove the background or objects in the image, and add objects to an existing image.

PERSONAL EFFECTIVENESS

Bob and Phyllis Foy

Making Disciples while having fun with your children, grandchildren, and great-grandchildren

We all enjoy being with our children and grandchildren. We can use this valuable time for grandparent camps, and teach them to be on Mission and learning as we play.

Teresa Almond, Brenda Boyles, Darlene Lambert, & Angela Cockerham

Girl Talk

A safe place to share the unique struggles you face as a church ministry assistant.

Becky Hansley

Wash Away Those Troubles

Make your own bath salt scrub that will help RELAX, REFRESH, and RENEW both body and spirit! Preregistration is required and the class is limited to 16 people. To register, email Angie at gbcmorganton@gmail.com

Squeaky Clean

We will discuss how "agitation" with the right cleaning product makes things brighter! We will also make homemade laundry detergent. This class is limited to 16 people, so be sure to preregister. To register, email Angie at gbcmorganton@gmail.com

The Origin of True Beauty"

We will be making body butter and talking about being beautiful inside and out, as well as where that beauty comes from. This class is limited to 16 people, so be sure to preregister. To register, email Angie at gbcmorganton@gmail.com

Renea Henderson

Cheer Up!

Come get a good dose of laughter as we cheer up our sad hearts, weary souls and dried up bones. Taking a look at laughter and how it helps us to relax, renew and be refreshed.

Kim Setzer

The Personal Trinity & Building the 3 R's into My Daily Routine

We are made in the image of God. We have three parts, which I refer to as our personal trinity. In this session we will identify our three parts and discuss ways to intentionally relax, refresh, and renew ourselves to find and maintain balance, daily. By identifying our personal trinity, our plan for relaxing/refreshing/renewing we will be better able to serve others without burning ourselves out.

Is it my job, my calling, or BOTH?

Working in ministry, we often lose sight of our spiritual calling. God's calling for our life is often overshadowed by our "job." We get laser focused on our tasks and checklists. In this session, we will develop a new perspective of your role in ministry by developing your Ministry Description. A Ministry Description clearly defines your overall purpose instead of the tasks assigned to you. It is a hawk's eye view that represents clear vision and deep understanding which gives a keen sense of direction. A clear vision reduces burn out and exhaustion.

BONUS TIME

Crystal Dula

Relax & Stretch

Crystal will lead a session in the Harris Room. You are welcome to bring your own yoga mat, but we need you to preregister. Email Angie at gbcmorganton@gmail.com

Davis Blount

One on One Consultations

Davis will be available to answer questions regarding individual finances, retirement, and/or insurance.

These sessions will be 20 minutes each and appointments will be made on a first come first serve basis, so sign up now to reserve your spot. To do so, please email Angie at gbcmorganton@gmail.com

Let's Go Shopping

Shopping for a Cause!

Teresa Almond will have her store set up in the conference center lodge and will have plenty of items available to purchase. A portion of the proceeds will go toward our mission offering for Operation Christmas Child.

Explore Caraway/Asheboro

There are plenty of places to explore around Caraway and the Asheboro area. From hiking trails to shopping to Seagrove, things to do are just a Google search away. Just be sure to be back in time to get ready for the banquet.

North Carolina Baptist Ministry Assistants

Relax, Refresh, Renew

November 13-15, 2023

Conference Itinerary

Monday, November 13

1:00 pm	Registration Begins
2:00 - 2:30 pm	First Timers Orientation
2:45 - 4:00 pm	General Session One - Hollifield Hall
4:00 - 4:25 pm	Room Check-in
4:30 - 5:20 pm	Breakout Session 1
5:30 - 6:30 pm	Dinner - Dining Room
6:45 - 7:35 pm	Breakout Session 2
8:00 pm	Night of Worship- Hollifield Hall

Tuesday, November 14

7:30 - 8:30 am	Breakfast - Dining Room
8:30 - 9:45 am	General Session Two - Hollifield Hall
10:00 - 10:50 am	Breakout Session 3
11:00 - 11:50 am	Breakout Session 4
12:00 - 1:00 pm	Lunch - Dining Room
1:00 - 1:50 pm	Breakout Session 5
1:50 pm	Free Time
6:00 pm	Banquet-Dining Room
7:00 pm	Officer Installation/Talent & Testimonies- Hollifield Hall

Wednesday, November 15

7:30 - 8:30 am	Breakfast - Dining Room
8:15 - 9:15 am	Room Checkout
9:30 - 11:00 am	General Session Three - Hollifield Hall
11:00 am	Depart for Home

